

Code of Conduct

Respect each other, practitioners and the workspace

- no judgement; suggestion, constructive criticism and offering of opinions yes!
- punctuality; we work as one ensemble. It matters if you are not there!
- focus; work is the priority and play is the vehicle; leave personal life "at the door"
- listen; to each other and make sure every voice is heard
- patience; everyone needs this at times!

Celebrate each others' successes

- get rid of personal ego (but keep your actor's ego!)
- work with generosity and compassion
- be gracious; everything moves in cycles

Approach every session, rehearsal, exercise with fresh eyes and a positive mental attitude

- be childlike not childish
- maturity; some things are going to hurt, but like growing pains it's all part of the process
- be bold and brave; challenge yourself and each other every day
- take responsibility; if you don't you will just be wasting your time
- dare to be the best; there is nothing wrong with excellence
- be humble; it's the only way to learn
- take accountability for your learning
- be rigorous in your work set the highest bar for yourself

Be willing to let go

- don't be precious; it will hold you back
- share ideas; a rising tide carries all ships
- know it is okay to not "know the answers" be open to the journey of discovering them
- don't be afraid to fail spectacularly. Learning and growth is born from it

Allow others to be themselves

- celebrate difference; the world is ignited by a wondrous cacophony of bold and visceral voices!
- don't censor yourself or others, but be professional and considerate
- relish those working relationships that challenge you as much as those who you agree with / work more easily with
- learn and be open to the knowledge, experiences and perspectives of others

Agree to disagree

- healthy dialogues are essential
- accept other people's ideas (even if you don't agree with them)
- trust the people you work with, the practitioners... and yourself remember that trust is a two-way street respect this at all times



Persevere

- try, try, try again! no laziness!
- the training is hard look after yourself!
- know your body's limits and work with them
- push yourself, but don't break yourself
- sleep (well), eat (well), play (hard)!

Know your strengths and each other's strengths

- work to your strengths as a group and help each other get stronger where we are weaker
- Ask away & love to work!

